ARLINGTON CATHOLIC WINTER ATHLETICS TRYOUT SCHEDULE 2025-26

* 2025/26 Boys Ice Hockey Schedule, Curt Colarullo

(curtcolarullo@gmail.com)

2025-2026 Tryout/Week 1 & 2 Schedule Boys Hockey 1st 2 weeks

Monday 12/1	6-7am 3-4pm 910-10pm	>Burns >Burns >Hayden	All Returning Varsity Players SAS players 6-8 grades Bridge, 9-12 grades trying out for Varsity
Tuesday 12/2	3-4pm 8:20-10pm	>Burns >Burns	6-8th Grades Invited 8th graders, Bridge, 9-12 graders
Wednesday 12/3	3-4pm 8:10-10pm	>Burns >Burns	Bridge, 9-11 Not playing in Scrimmage Scrimmage vs North Reading
Thursday 12/4	3-4pm	>Burns	Final candidates for Varsity-To be Posted
Friday 12/5	150-320pm 230-330pm	Burns Burlington	JV SAS 6-8th grades
Friday/Saturday 12/5-6			Varsity in Marth'a Vineyard
Sunday 12/7	610-8pm	Hayden	All JV Players
Monday 12/8	3-4 pm 410-5pm	Burns Burns	Varsity All SAS
Tuesday 12/9	3-4pm 320-420pm 820-10pm	Burns Holland Rink, Woburn Burns	Upper SAS vs Hillside JV Gold Varsity
Wednesday 12/10	3-4pm 4-5pm 810-10pm	Burns Loconte Burns	JV Blue Upper SAS game vs Dexter Varsity
Thursday 12/11	3-4pm	Burns	Varsity
Friday 12/12	2-320pm 230-330pm 810-900pm 910-10pm 840-10pm	Burns Burlington Belmont Hill Belmont Hill Hayden	Varsity Lower SAS Upper SAS Game vs Lexington JV Gold JV Blue

*2025-26 Girls Varsity Ice Hockey.
Michelle Roach (mroach@achs.ner)

All Grades

December 1: 4:10pm Burns, Arlington December 2: 3pm LoConte, Medford December 3: 4pm LoConte, Medford December 4: 3pm LoConte, Medford

*2025-26 AC Girls Basketball Tryouts, Tim Spinney (tspinney@achs.net)

- Monday, 12/1/2025
 - Seniors/Juniors/all other varsity returners 5:30PM until 7:00PM;
 - Sophomores and under/all other JV and freshman returners 7:00PM until 8:30PM.
- Tuesday, 12/2/2025
 - Sophomores and under/all other JV and freshman returners -5:30PM until 7:00PM;
 - Seniors/Juniors/all varsity returners 7:00PM until 8:30PM.
- Wednesday, 12/3/2025
 - Sophomores and under/all other JV and freshman returners (cuts, etc. - if necessary) - 5:30PM until 7:00PM;
 - Seniors/Juniors/all other varsity returners (cuts, etc. if necessary) 7:00PM until 8:30PM.

*2025-26 AC Boys Basketball first week schedule:

Rob Sarmiento (rsarmiento@achs.net)

Monday December 1st to Friday December 5th

2:15-3:30 Middle School, Freshmen, Sophomores

Monday December 1st to Wednesday December 3rd

3:30-5:30 p.m. Juniors, Seniors, and invited underclassmen

* 25 -26 AC Co-Ed Winter Track

Chris Simpson (cfsimpi68@yahoo.com)

Starting Monday 12/1

*** All athletes should meet in the Caf at 2:45 pm and bring clothes prepared to workout outside

*25-26 AC Co-Ed Swimming Dan Sartel and Rylee Wirtanen

(dsarts22@gmail.com & ryleewirtanen@gmail.com)

Monday 12/1– Thursday 12/4 7:30 – 9:15: Medford High School Pool

*2025-26 Cheerleading Tryout Schedule Jennifer Orelus Tavares (cougarsaccheer@gmail.com)

Winter cheer tryouts will be held on December 2, 2025, from 4 p.m. to 6:30 p.m. at the JAG, located at 300 Salem Street, Woburn, Massachusetts.