

## **ARLINGTON CATHOLIC FALL TRYOUT SCHEDULE 2025**

**All students in grades 7 -12 may sign up for Sports. Grades 7<sup>th</sup> & 8<sup>th</sup> may only tryout for Freshman or JV.**

### **GOLF (BOYS & GIRLS)**

Contact Coach Mark Fusco: [mfusco@achs.net](mailto:mfusco@achs.net)

**Monday, August 18th & Wednesday, August 20** at the Newton Commonwealth Golf Course, Arrive by 8:30 on Monday and 9:00 on Wednesday. Must be in appropriate Golf attire including Clubs and Golf Shoes. All students interested in trying out for the Golf Team must contact Coach Fusco before the tryout Day. All Students must be registered on Family ID

### **CROSS COUNTRY (BOYS & GIRLS)**

Contact Coach Chris Simpson: [cfsimpi68@yahoo.com](mailto:cfsimpi68@yahoo.com)

**Monday, August 18<sup>th</sup> – Friday, August 22<sup>rd</sup>** : all runners meet in AC cafeteria at **2:30**. Runners should bring running attire and water with them.

### **VOLLEYBALL**

Contact Coach: Kenzie Eisnor: [keisnor@achs.net](mailto:keisnor@achs.net)

#### **Arlington Catholic Volleyball Tryouts Schedule - Fall 2025**

NOTE: Players may be asked to attend sessions not intended for their grade should coaching staff wish to see them play alongside different athletes. This does not mean that athlete will remain in that session for the rest of tryouts and does not indicate a final spot at that age level/team level.

#### **Monday, August 18th - Thursday, August 21st**

9:00am - 10:30am ALL incoming Freshmen & SAS students

11:00am - 12:30pm Sophomores

1:00pm - 3:00pm Seniors, Juniors & returning Varsity players

#### **Friday, August 22nd**

\*Times are subject to change depending on the number of players trying out

9:00am - 10:00am ALL incoming Freshman and interested SAS students

(Practice to follow for all who make the Freshman team - 10-11:30)

11:00am - 12:00pm Sophomores

(Practice to follow for all who make the JV team - 12:30-2:00)

1:00pm - 2:00pm Seniors, Juniors and returning Varsity players

(Practice to follow for all who make the Varsity team - 2:00-4:00)

## **GIRLS SOCCER**

Contact Coach Balliro at [jballiro@achs.net](mailto:jballiro@achs.net) with any questions

All tryouts will be held on the Kathleen Hintlian Turf Field on Summer Street. Players must come equipped to play soccer (cleats and shin guards) and bring a ball and water. The schedule is subject to change based on weather or heat index.

### **- Tryout Week -**

**Monday, August 18th**- 9:00 AM - 11:30 AM

**Tuesday, August 19th** - 9:00 AM - 11:30 AM

**Wednesday, August 20th** - 9:00 - 11:30 AM

**Thursday, August 21st** - 9:00 AM - 11:30 AM (Scrimmage vs Haverhill- all players)

**Friday, August 22nd** - 9:00 AM - 11:30 AM

**Saturday, August 23rd** - OFF

**Sunday, August 24th** - Medford Jamboree for invited players - 3:00PM - Medford HS Fields

### **- Practice Week 1 -**

**Rostered players will practice with their selected team (Varsity or JV)**

**Teams will practice at the times listed below:**

**Monday August 25th** - 3:00 PM - 5:00 PM - Thompson School Field (16 North Union Street)

**Tuesday August 26th** - 3:00 PM - 5:00 PM - Thompson School Field (16 North Union Street)

**Wednesday August 27th** - Scrimmage @ Medford High School - 4:00 (Varsity and JV) Meet at Medford HS by 3:30 (No Bus)

**Thursday August 28th** - 9:00-11:30 AM - Hintlian Field, Summer Street

**Friday August 29th** - 9:00-11:30 AM - Hintlian Field, Summer Street

## **BOYS SOCCER**

Contact Coach Dan Munroe at [dmunroe@achs.net](mailto:dmunroe@achs.net) with any questions

All tryouts will be held on the Kathleen Hintlian Turf Field on Summer Street. Players must come equipped to play soccer (cleats and shin guards) and bring a ball and water. The schedule is subject to change based on weather or heat index.

### **- Tryout Week -**

**Monday, August 18th**- 7:00 AM - 9:00 AM

**Tuesday, August 19th** - 7:00 AM - 9:00 AM

**Wednesday, August 20th** - 7:00 AM - 9:00 AM

**Thursday, August 21st** - 7:00 AM - 9:00 AM

**Friday, August 22nd** - 7:00 AM - 9:00 AM

**Saturday, August 23rd** - 7:00 AM - 9:00 AM

**Sunday, August 24th** - OFF

### **- Practice Week 1 -**

**Rostered players will practice with their selected team (Varsity or JV)**

**Teams will practice at the times listed below:**

**Monday August 25th** - 2:45 PM - 4:15 PM Magnolia Park Arlington

**Tuesday August 26th** - 2:45 PM - 4:15 PM Magnolia Park Arlington

**Wednesday August 27th** - 2:45 PM - 4:15 PM Magnolia Park Arlington

**Thursday August 28th** - 7:00 AM - 9:00 AM

**Friday August 29th** - 7:00 AM - 9:00 AM

## **FOOTBALL**

**Coach Brian Vaughan:** [coachbv222@gmail.com](mailto:coachbv222@gmail.com)

Equipment will be issued on August 13, 4pm at the school. We will have a team meeting on August 14, 4pm at the school.

**\*\*1st practice is on August 15th 4pm** start time (please arrive no later than **3:45**). Bring Cleats and Helmet.

**Practice: Saturday 9/16 - Doors open at 8:30 - Practice ends at 1 pm**

**Practice: Monday 9/18 – 9/22 - Doors open at 3:00 - Practice ends at 7 pm**

**Sat. 9/23 - Scrimmage 10 am TBA**

## **FIELD HOCKEY**

**Coach Susan Monfette –** [susanmonfette@hotmail.com](mailto:susanmonfette@hotmail.com)

All tryouts will be on the Kathleen Hintlian AC Turf the first week and will be on Buzzell Field (Above the turf) the second Week

Please bring Field hockey Stick, Mouthguard, sneakers for Turf, Cleats for Grass, and a Water Bottle

Field Hockey Try outs will begin on 8/18-8/22 from 11:00am-1:30pm

Practices begin week of 8/25 3:30-5:00pm daily at the Turf Field.

Girls will need to purchase a tryout pinnie first day of tryouts. \$35.00 cash.

### **Equipment needed**

- |                                   |                                   |
|-----------------------------------|-----------------------------------|
| -Field hockey stick               | -cleats or turf shoes             |
| -shin guards                      | -shin guard covers white and navy |
| -2 mouth guards`                  | - running sneakers                |
| -corner mask                      | -practice ball                    |
| -optional gloves to protect hands |                                   |

website-online ordering <https://longstreth.com/>

## **CHEERLEADING**

**Coach Jennifer Orelus:** [Jennifer.orelus@yahoo.com](mailto:Jennifer.orelus@yahoo.com)

Cheerleading Tryouts are complete and Coach Orelus has sent the schedules out to the team. If you have any questions, please contact coach Orelus.